

## ANTHONY BATEMAN MENTALISATION BASED TREATMENT



# Certificate Course – Practitioner Level 2 day training workshop

**Prof Anthony Bateman, MA FRCPsych** consults to the Anna Freud Centre about MBT training. He is Visiting Professor University College, London and Honorary Professor in Psychotherapy, University of Copenhagen.

He developed MBT with Peter Fonagy for borderline personality disorder and wrote the manual for mental health professionals on Structured Clinical Management of Personality Disorder. He has received numerous awards in recognition of his contribution to the field of working with personality disorders.

DATE: Tuesday 13<sup>th</sup> May – Wednesday 14<sup>th</sup> May 2025 TIME: 9.00am – 5.00 pm – (registration from 8.30)

VENUE: Adelaide Pavilion, Veale Gardens corner South Terrace & Peacock Rd,

Adelaide

#### **AIM OF COURSE**

This two day workshop will expand on previous knowledge and embed the basic skills of Mentalization Based Treatment (MBT). The aim is to facilitate skills development. Attendance at the course is part of the requirements for recognition as an MBT Practitioner. Participants will

- Receive an update of current knowledge
- Learn how to use the adherence scale to monitor their practice
- Develop their MBT skills through clinical demonstration, video ratings and role plays

Participants are encouraged to apply to bring a clinical video or audio of their work to demonstrate their use of basic MBT interventions Consent from the client for part of a session to be shown for training purposes is required.

Alternatively participants may present a clinical problem with an MBT focus. This will be discussed and role play used to identify appropriate MBT intervention process.

A maximum of 5 presentations from participants is possible. Please apply early by emailing <a href="mailto:sapresident@aaimh.org.au">sapresident@aaimh.org.au</a> if you would like to take up this opportunity.

Any video assessment and clinical presentation discussed on the course may be used towards recognition of practitioner status and competence

#### WHO IS THIS COURSE SUITABLE FOR?

This course is suitable for mental health and other professionals who are interested in the treatment of personality disorder and who have **already completed the basic training course**. Participants are expected to have been using mentalising skills in their everyday practice and when possible to have participated in supervision.

Australian Association for Infant Mental Health
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satraining@aaimh.org.au



#### TAX INVOICE/RECEIPT

ABN: 88 625 753 522

Please fill out ONE registration PER PERSON attending (please print)

## ANTHONY BATEMAN 2 DAY PRACTITIONER LEVEL TRAINING MENTALIZATION BASED TREATMENT (MBT)

**REGISTRATION FEES** (Including Lunch)

Register by clicking on this link <a href="http://jx.ax/Ml2">http://jx.ax/Ml2</a>

If you are unable to do this please email <a href="mailto:satraining@aaimh.org">satraining@aaimh.org</a> to request a registration form

Non AAIMHI Member		
Early Bird Closes Wednesday 2 <sup>nd</sup> April 2025	\$930 (inc \$84.55 GST)	
Full Registration From Thursday 3 <sup>rd</sup> April 2025	\$1030 (inc \$93.64 GST	

AAIMHI Member	
Early Bird Closes Wednesday 2 <sup>nd</sup> April 2025	\$820 (inc \$74.55 GST)
Full Registration From Thursday 3 <sup>rd</sup> April 2025	\$880 (Inc \$80.00 GST)

### REGISTRATIONS FOR TRAINING CLOSE SUNDAY 4th MAY 2025

Enquiries re Registration: Thomas Luke: satraining@aaimh.org.au

Enquiries re Training and case presentation: Sally Watson <a href="mailto:sapresident@aaimh.org.au">sapresident@aaimh.org.au</a> or phone 0411377347

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☐ Bank Transfer BSB 105 148 Acc No 020 405 040 Please put in **Reference Number F23** and **your Name** as reference when making payment

Ensure that once paid via dramatix you complete registration by clicking on <a href="http://jx.ax/MI2">http://jx.ax/MI2</a>. **Numbers are limited to 30**.

REGISTRATION WILL BE CONFIRMED BY EMAIL FOR THIS 2 DAY TRAINING

To become an AAIMH member go to https://www.aaimh.org.au