



Australian Association
for Infant Mental Health

AAIMH NT Presents:

Introduction to Marte Meo

Date: Friday, 13th September 2024

Time: 9am to 4pm

Venue: Darrandirra Child & Family Centre - Malak Shops

Prices:

AAIMH Members- \$80

Non-members- \$100



Click [here](https://www.trybooking.com/CTEQN) to register. <https://www.trybooking.com/CTEQN>



PRESENTER

Sally Watson graduated as a Social Worker over 40 years ago. Since that time, she has worked in a range of settings including statutory child protection, community health, hospitals, and child and adolescent mental health, in both management and clinical positions in Qld, NSW, SA and England.

For the last 22 years, she has worked in infant mental health and is trained in Child Parent Psychotherapy and has completed a number of other trainings such as Mentalization Based Treatment (MBT), Adult Attachment Interview, and Insightfulness Assessment. Sally commenced her Marte Meo training in 2008, became a Marte Meo trainer/supervisor in 2010 and became a Licensed Marte Meo Supervisor in 2012.

ABOUT THE TRAINING

Marte Meo is a strengths-based approach developed in The Netherlands by Maria Aarts. The term is translated from Latin as 'on one's own strength'. It is a video-based method for providing information about how to support development in daily interactions. It provides parents, relatives, carers and professionals with detailed, practical and concrete information to support and interact with children, strengthening their relationship and supporting their child's social and emotional development.

What is in the training?

In this one-day face-to-face training, you will be introduced to the Marte Meo Method through a range of video demonstrations of the basic Marte Meo elements in parent-infant/child dyads and educator/child interactions. This training will help you hone your observational skills and give practical information about following and leading in everyday interactions.

What will you learn?

The key elements to support social and emotional development through relationships in everyday moments of interaction.

- By watching videos demonstrating parent and child interactions, you will gain knowledge on the following topics:
 - ⇒ An overview of the Marte Meo Method
 - ⇒ How to recognise the fundamental supportive communication elements of the Marte Meo Method
 - ⇒ How to use Marte Meo in your daily practice
 - ⇒ An introduction to video interaction analysis
 - ⇒ If you are new to Marte Meo, this will help determine if the Marte Meo Practitioner training suits you and your practice.

Please consider joining AAIMH Northern Territory to build on your knowledge of Infant Mental Health - <https://www.aaimh.org.au/membership/how-to-join/>. And to get the member discount

<https://www.trybooking.com/CTEQN>