



Circle of Security
INTERNATIONAL
Building Attachment Around the World



COSP™ FACILITATOR TRAINING Adelaide, SA

Hosted by: AAIMH

Presented by: Deidre Quinlan* - Circle of Security International Trainer

Dates: 12 - 15 November 2024 (Tuesday - Friday)

Circle of Security Parenting is a manualized attachment-based program used internationally with parents and other caregivers of children under 6. This four-day training seminar leads to endorsement and is designed to help professionals understand both the theory and research underlying our video-based parenting reflection program and how to deliver the COSP program effectively. COSP is based on decades of attachment research and offers an accessible step-by-step intervention process designed for group intervention but also used in home visitation and for individual or couples counseling.

Learn more on our website: CircleOfSecurityInternational.com

Location:

Rydges - Adelaide
Skyline North & West
1 South Terrace
Adelaide, SA
5000

Who Should Attend?

Mental Health Providers (Psychology, Social Work, Marriage and Family Therapists, etc), Family Support Workers (Parenting Education, Outreach Workers, Foster Care Support, Faith-based Providers, etc), Healthcare Providers (Pediatricians, Nurses, Doulas etc) and Educators (Preschool /Childcare Providers, Behavior Support Specialists, etc)

Cost:

At the time of registration:
\$1,000 USD (includes COSP video content, COSP Training Manual, Parent Handouts, Access to online resources, License to use the above materials to implement the COSP program with caregivers.)

Group rates:
5-9 people 10% discount, 10 or more 15% discount
For further details including cancellation and transfer policies please see our website.

*Deidre Quinlan has a proprietary interest in this training and the materials.

Learning Objectives of the Training:

- Identify the fundamentals of attachment theory and key concepts of the Circle of Security approach.
- Identify the features of a safe learning environment for caregivers.
- Identify the ways in which a Facilitator can teach caregivers to use quality of relationship enhancement rather than behavior management.
- Identify steps the Facilitator can take to build self-reflection in caregivers.
- Explain how to facilitate the COSP model using video examples of parent-child relationships, the COSP Facilitator Manual, and Handouts.

"The COSP program is an outstanding contribution and a "must see" for parents of young children. Focusing on how parent/child relationships can be strengthened, this unique approach teaches parents, and those helping them, new ways to understand children's needs and behavior. It also offers effective ways to respond to these needs and behaviors. I have found it invaluable in my own work with parents of young children."

Charles H. Zeanah, M.D.
Tulane University School of Medicine
Editor, Handbook of Infant Mental Health

To Register:

If you would like to attend this training, please go to circleofsecurityinternational.com.
Find the "Register" tab in the black bar at the top and click on "COSP Facilitator Training"