



Building Bridges: Core Concepts and Frameworks for Enhancing Diversity Informed Practice

PRESENTER : CHANDRA GHOSH-IPPEN

Dates: Monday 28th August 2023
Time: 9.30am- 4.30pm
Venue: Glenelg Surf Life Saving Club, The Foreshore, Glenelg



Chandra Ghosh Ippen is the Associate Director of the Child Trauma Research Program at the University of California, San Francisco, the Director of Dissemination for Child-Parent Psychotherapy (CPP), Member of the Board of Directors of Zero to Three and Co-developer of CPP. She specializes in working with young children who have experienced trauma and has co-authored over 20 publications on trauma and diversity-informed practice, including the manual for Child-Parent Psychotherapy, the children's story "Once I Was Very Very Scared," and the Trinkka and Sam story series. She has over 14 years of experience conducting trainings nationally and internationally in diversity-informed practice and Child-Parent Psychotherapy.

Description of Seminar As we strive to develop trauma-responsive systems, how do we integrate a historical perspective into our understanding of how trauma affects children, families, and systems? How do we hold the history of diverse cultural groups honouring both strengths and the ways that the past may shape responses to providers and intervention?

Research has shown that across multiple service sectors, disparities in service utilization, health status, and treatment outcome are associated with aspects of diversity including race and socio-economic status. Furthermore, experiences of racism and of being treated differently due to one's skin colour, ethnic or cultural background, and country of origin have been linked to negative physical and mental health outcomes.

Given the toxic impact of historical and sociocultural trauma, how within systems do we assess for, acknowledge, and address these experiences? How, as professionals, do we become aware of potential biases that are present in society and in ourselves and work to address them?

This workshop provides an overview of frameworks and core concepts for enhancing equity and diversity-informed practice. Through metaphor, visuals, and clinical vignettes, the workshop offers pathways to help practitioners acknowledge and address the impact of historical trauma when working with children and families. Participants will have an opportunity to apply frameworks to rich case vignettes. They will gain practice identifying and addressing diversity related parts of entry within the case material and integrating historical and sociocultural trauma into their care formulations.

Infant Mental Health Competencies Theoretical Foundations, Direct Service Skills, Working with Others, Thinking and Reflection

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