



The ACT Branch of AAIMH in partnership with the Australian College of Midwives is proud to host the following event:

**Seminar:**  
***Australian Women's Birth Experiences***

A presentation of the PhD research by  
Lucy Franklin [PhD Candidate.](#), [M.Psych \(Clinical\).](#), [B.Psych \(Hons\)](#)

Thursday 21<sup>st</sup> September 2023  
5:30pm arrival for 6pm start

Apollo Room, Hellenic Club Woden  
2 course dinner included

Get your tickets here: [Australian women's birth experiences, PhD research Tickets, Thu 21/09/2023 at 5:30 pm | Eventbrite](#)

**Early bird ticket sales close 1/09/2023**

AAIMH/ACM members \$85

Standard non-member \$110

**Final ticket sales close 13/09/2023**

AAIMH/ACM members \$95

Standard non-member \$120

Lucy's PhD presentation will cover four key research components:

1. Investigating the association between birth-related posttraumatic stress disorder and the mother-infant relationship.
2. Identifying individual characteristics as predictors of birth-related trauma.
3. Conducting a small randomized controlled trial to evaluate the effectiveness of an intervention in reducing or preventing birth-related trauma.
4. Exploring the impact of COVID-19 on pregnant women.



Lucy's PhD research encompassed a comprehensive investigation into women's birth experiences in Australia, examining the association between birth-related PTSD and the mother-infant relationship, identifying potential risk factors for birth trauma, and evaluating the effectiveness of an intervention in reducing birth trauma. Her research aimed to reveal how traumatic birth experiences may impact the bond between mothers and their infants, highlighting importance of respectful women-centre maternity care and the need for inclusion of postnatal screening of trauma symptoms. Her research also aimed to capture data to further inform how birth trauma may be reduced or prevented. Finally, her research spanned across parts of the pandemic which enabled her to capture important data on the impact of COVID-19 mitigation efforts on pregnant women and antenatal depression. By contributing to the existing body of research around women's birth experiences, Lucy hopes this will help lead to better birth outcomes for women and infants in Australia.

There will be time for Q&A following Lucy's presentation.

**To join AAIMH** please follow this link: <https://www.aaimh.org.au/membership/how-to-join/>

For enquiries about the event and to advise of specific dietary requirements please email: [info-act@aimh.org.au](mailto:info-act@aimh.org.au)

We look forward to seeing you there for an enriching evening of learning and discussion.